

NEW THIS YEAR!

JULY COMPETITIVE ROWING CAMP

Registration deadline for this camp is June 15th.

We will begin June 20th and run through July 31st. Practice days Tuesday/Thursday and Saturday/Sunday. Times to be determined based upon athlete schedules. We'll attend two regattas – Club Nationals, July 15th-18th in Oak Ridge, TN and the Philadelphia Youth Regatta on July 26th. Finish date for camp is July 31st. The fee is \$200 plus the cost of the regattas. Please complete the registration form and submit with a \$50 deposit to the DBC mailing address.

Rowers from the first intro camp are eligible to join the July Competitive Camp upon completion of the 1st session.



Alter, Carroll and Chaminade-Julienne are all now awarding varsity letters for rowing!



Dayton Boat Club Rowing Camps are sponsored by Regatta Sport



Boathouse: East River Road, Moraine, OH
Mailing Address: 7425 Bunker Ct.
Dayton, OH 45459
937.435.7057

www.daytonboatclub.org



Introductory and Competitive ROWING

for Juniors **June-August 2009 Sessions**

SUMMER CAMPS





These 90 minute introductory sessions will teach the basics of the sport of rowing for juniors, primarily those entering grades 8-10. This 6-session program includes safety training, boat handling lessons, coxswain commands, and, of course, rowing. The camp is not only instructional – it’s fun! Nearly all past camp participants have decided to continue rowing through another Dayton Boat Club program. Many members of the Dayton Boat Club junior program, including those who have won medals at regional and National Championships, are graduates of this introductory course. Participants will learn to row in a wide variety of team boats, and develop skills to advance to stable racing/training singles. After successful completion of this course, participants should be capable of continuing with coached single lessons.

The fee for the course is \$130, payable to Dayton Boat Club. Those wishing to join Dayton Boat Club and continue with the sport can do so at a reduced summer rate. Those requiring financial support should note that on the registration form.

Ten seats are available for each session of the summer programs outlined below. Dayton Boat Club will make every effort to place participants in a session that fits their schedule.

The program will be directed by Leah Coghlan, Dayton Boat Club Juniors coach and former University of Dayton Novice Women’s rowing coach. University of Dayton collegiate coaches, assisted by college rowers, will augment the staff and provide an enjoyable and rewarding experience for the young athlete.

A t-shirt and other gifts will be provided to each participant.

Session 1: June 15-27

Monday June 15, Wednesday June 17, Saturday June 20, Monday June 22, Wednesday June 24, Saturday June 27

- A** Mondays and Wednesdays at 4-5:30pm, Saturdays at 10-11:30am
- B** Mondays and Wednesdays at 5:30-7pm, Saturdays at 10-11:30am

Session 2: July 13-25

Monday July 13, Wednesday July 15, Saturday July 18, Monday July 20, Wednesday July 22, Saturday July 25

- C** Mondays and Wednesdays at 4-5:30pm, Saturdays at 10-11:30am
- D** Mondays and Wednesdays at 5:30-7pm, Saturdays at 10-11:30am

Session 3: August 3-15

Monday August 3, Wednesday August 5, Saturday August 8, Monday August 10, Wednesday August 12, Saturday August 15

- E** Mondays and Wednesdays at 4-5:30pm, Saturdays at 10-11:30am
- F** Mondays and Wednesdays at 5:30-7pm, Saturdays at 10-11:30am

Special Group Sessions for groups of four to ten: please contact us if this interests you

Please fill out the registration form and submit it with a \$50 non-refundable check (payable to Dayton Boat Club) to:

Dayton Boat Club – Summer Camps
7425 Bunker Court
Dayton, OH 45459

Deposits will only be refunded if the rower cannot be placed in a session.

Registration Form

INTRODUCTION TO ROWING or JULY COMPETITIVE ROWING

for boys & girls

SUMMER CAMPS

June-Aug. 2009



Name

Grade (Fall 2009)

School

Age Phone

E-mail (s)

Address

City, State, Zip

T-shirt Size (adult)

Enter camp (Intro or Competitive) you are registering for:

Intro to Rowing campers : please enter the session number and letter that is your first preference _____

If you have schedule flexibility, enter the session number and letter which is your second preference _____

I would like to inquire about financial assistance _____