

JUSTCREWIT
Dayton Boat Club Junior Rowing Information Website

JUSTCREWIT is a members-only, secure website for DBC juniors, parents and coaches. Access is limited - not public - so that information like rosters, practice schedules, and erg scores may be published only for those that need the information.

JOINING

1. Go To:

<http://groups.yahoo.com/group/justcrewit>

2. Click on "Join This Group!" at the top of the page.

3. If you have a current Yahoo Email account, it will now prompt you for your existing username and password, and your login process will be expedited. Fill out these fields in the Existing Yahoo Users Box.

4. If you do not have a current Yahoo email account, click "Sign Up Now" link under the "New To Yahoo?" Banner.

5. Fill out the sign-up form that appears. Create an original username and password that will act as your screen name once you are a member of the group. The Yahoo Group will automatically send posted messages to any existing email account you have, so I would recommend un-checking the box offering the "Free Yahoo email account". Make sure you enter the email address you wish to use under "alternate email address". Also, I would recommend un-checking the "Please send me special offers..." box as well.

6. A summary of your newly created information should appear when the registration process is nearing completion. Be sure to write down any important information you will need to remember. Un-check the "download Yahoo Toolbar" box at the bottom of the page, and click "Continue to Yahoo"

7. You are now directed to the DBC Juniors (justcrewit) site. Fill out the form, leaving the default options selected. Enter the numbers and letters for verification at the bottom of the screen, and click "Join".

8. You will now be shown another summary of your information. Take note of this information if you haven't done so already. Click on "Go To Justcrewit Home".

9. This is the Justcrewit homepage. This is the page you will see every time you log onto justcrewit.

10. Still having problems? Send an email to Mike Miles at trishmiles@att.net

FILES - FOLDERS

Admin - misc: Tax exempt letter, USRowing Release

Brochures, etc: Summer Camp Registration Form, Junior Program Brochure

Clothing, etc: Spirit wear and uniform ordering information

College Info and Camps: Letters and info from College Coaches

Recruiting Information: Recruiting Process and Requirements

Coxing Files: Safety Rules, Cox Handbook, Cox Handouts and Tips

Equipment: Equipment Guidelines, Cox Box Maintenance

Injury and Injury Prevention: Blister care and taping, Finger 'buddy' taping for wrist/forearm pain, stretching routine, rib stress exercises

Maps and Directions: How to get to a bunch of rowing places

Misc Forms: Medical Release, USRowing Release, lightweight form, boat storage form, registration forms

Newsletters

Parents Information: Parents Meeting Minutes, Regatta Packing list

Regatta Information: Specific Regatta Information, plus generic 'what to bring, watch' information

Rosters and Lists: Participants and Coaches contact information

Rowing Camp Experiences: First-person feedback on specific rowing camps

Spring Meeting: Information handouts from beginning-of-season meeting

Training Schedules: Training Plans, swiss ball workouts, stretching, nutrition, etc

Also on justcrewit:

CALENDAR

MESSAGE POSTS

PHOTOS

LINKS