

Dayton Boat Club

Member Handbook



Spring 2022



DAYTON BOAT CLUB

TABLE OF CONTENTS

ATHLETES AND PARENTS	1-11
REQUIRED FORMS.....	1-3
<i>Medical Form</i>	1
<i>Liability Waiver</i>	2
<i>Lindsey’s Law Form</i>	3
CODE OF CONDUCT.....	4
DIVERSITY, EQUITY, AND INCLUSION STATEMENT.....	5
ATHLETE WELL-BEING.....	6
COMMUNICATION GUIDELINES.....	7
VOLUNTEER GUIDELINES.....	8
TEAM TRAVEL GUIDELINE – VARSITY ONLY.....	9-11
<i>Consent to Treat Form</i>	11
SAFESPORT	12-16
PROTOCOL FOR DAYTON BOAT CLUB.....	12-14
<i>DBC SafeSport Complaint Form</i>	15
U.S. CENTER FOR SAFESPORT MAAPP RESOURCE.....	16
GENERAL	17-19
FUNDRAISING OPPORTUNITIES.....	17
EMERGENCY ACTION PLAN.....	18-19
<i>DBC BOATHOUSE</i>	18
<i>DBC WINTER TRAINING FACILITY</i>	19



DAYTON BOAT CLUB

MEDICAL REGISTRATION FORM

Rower's Name: _____ DOB: _____

Physician: _____ Phone: _____

Current Medications: _____

Allergies/Medical Info: _____

Preferred Hospital: _____

Emergency Contact: _____ Relationship: _____

Vaccination Status: Is your rower fully vaccinated against COVID-19?

- YES NO I'd rather not say

Medical Release: In the event of a medical emergency it may be necessary for staff of the Dayton Boat Club to engage medical professionals to administer medical services for the benefit of a rower who is ill or injured. By checking the button below you, as a legal guardian for the rower on this form, are giving consent to the staff of the Dayton Boat Club to allow medical professionals to care for the rower in question until you and or any other legal guardian for the rower can be put in contact with the medical professionals treating the rower.

- I DO give consent I DO NOT give consent

Signature of Parent/Guardian

Date

RELEASE OF LIABILITY FOR MINOR PARTICIPANTS: DAYTON BOAT CLUB

READ BEFORE SIGNING

IN CONSIDERATION OF my child/ward being allowed to Name of Minor Child/Ward participate in any way in the **DAYTON BOAT CLUB** related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,

1. FOR MYSELF, SPOUSE, AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child's participation; and,
2. I willingly agree to comply with the program's stated and customary terms and conditions for participation. If I observe any unusual significant concern in my child's readiness for participation and/or in the program itself, I will remove my child from the participation and bring such attention of the nearest official immediately; and,
3. I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **DAYTON BOAT CLUB**; its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
4. I, for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
5. I, the parent/guardian, assert that I have explained to my child/ward: the risks of the activity, his/her responsibilities for adhering to the rules and regulations, and that my child/ward understands this agreement.

I, FOR MYSELF, MY SPOUSE, AND CHILD/WARD, HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Child/Ward: _____

Name of Parent/Guardian: _____

Parent/Guardian Signature: _____

Date Signed: _____

UNDERSTANDING OF RISK

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulation, and accept them as a participant.

Name of Child/Ward: _____

Signature of Child/Ward: _____

Date Signed: _____

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date



CODE OF CONDUCT

MISSION

The Dayton Boat Club's mission is to develop the sport of competitive rowing in Dayton. We provide organized programs for juniors and masters. DBC accommodates men, women, and youth athletes of all expertise levels within the context of a single unified club. We pride ourselves on our high retention rate and our excellent competitive results. Our top goals: retaining athletes and properly preparing them for a lifelong enjoyment of the sport.

COMMUNITY STANDARDS AND CODE OF CONDUCT

- Dayton Boat Club's culture encourages members to treat each other with respect; to make safety and enjoyable achievement our highest goals; and to understand and care for our common equipment and facilities.
- As a member organization of USRowing, Dayton Boat Club will communicate, support, uphold, and enforce the USRowing and SafeSport guidelines for the treatment of athletes which prohibits bullying, hazing, harassment (including sexual harassment), emotional misconduct, physical misconduct, and sexual misconduct.
- See the U.S. Center for SafeSport's link to the Minor Athlete Abuse Prevention Policies
 - <https://uscenterforsafesport.org/wp-content/uploads/2020/09/FINAL-2022-MAAPP-9.21.pdf>
- Dayton Boat Club depends on each person to make rowing a safe, fun, and positive activity for everyone. It is the obligation of the entire club – rowers, coaches, parents, volunteers, tenants, and visitors – to care for our community by reporting abusive behavior when you see it.

THINGS TO DO

- **Support your teammates and fellow members of the community.** Share your experience; welcome new people; help others where needed; offer a helping hand; learn, teach, serve, and lead by example
- **Be Courteous.** We are a diverse community of people with diverse opinions. Everyone wants to be treated with respect. Showing respect to others – both in person and online – makes the community better for all members.
- **Moderate your behavior, speech, and content.** Take responsibility for what you do, the words you choose, and the content you post or upload. If you are unsure whether content is appropriate or consistent with this Code of Conduct, err on the side of caution: Do not do, say, or post it.
- **Be a good citizen.** You are a stakeholder in creating a positive community. By reporting abusive behavior, language, or content when you see it, you can be an "upstander" – a person who acts to expose or correct injustice – not a bystander. Dayton Boat Club is committed to stopping and preventing abuse in all its forms, only with the support of all in the community can we succeed.
- **Have a good time.** When people behave responsibly and respectfully, the community thrives, and everybody wins.

THINGS NOT TO DO IN TEAM COMMUNICATION (email, chat, text) OR AT TEAM EVENTS (practices, races, etc)

- **Do not use hate speech.** Hate speech attacks a person or group on the basis of race, ethnicity, religion, disability, gender, age, or sexual orientation/gender identity. We are a community with diverse beliefs, opinions, and backgrounds. Harassing, hateful, or inflammatory speech will not be tolerated and will result in disciplinary action that may include dismissal from the team (see below).
- **Do not bully or harass any member of the community.** The Dayton Boat Club community is not a place to harass, bully, abuse, impersonate or intimidate others. Being a valued member of our community includes being considerate, supportive, and respectful of others.
- **Do not be obscene.** Sexually explicit and vulgar language, behavior, and images are prohibited, as are belligerence, insults, slurs, and generally objectionable speech.

IF VIOLATIONS OCCUR

Coaches will issue warnings if behavior not consistent with the DBC Code of Conduct are observed. Coaches may also choose to enforce practice or race restrictions. The DBC Board may (without notice or refund) terminate team membership or the right to use the property or facilities based on behavior not consistent with the DBC Code of Conduct.



DAYTON BOAT CLUB

DIVERSITY, EQUITY, AND INCLUSION STATEMENT

DEI STATEMENT

We support a standard of inclusion of diversity in all its forms. This can include but is not limited to race, ethnicity, gender, gender identity, religion, sexual orientation, socioeconomic status, and political affiliation.

We believe that our club as a whole and our athletes' experiences specifically are enriched by the diversity of our rowing community. We strive to grow diversity among our rowers, coaches and staff, and board to help us engage with a wider local, regional, and national community. Through our recruiting efforts, we talk about the benefits of our sport to potential athletes and their family members in many different and varied settings to capture a wide variety of future rowers.

We endeavor to create a community that promotes the success of every club member by appreciating the unique presence of all individuals and their distinctive contributions to the teams. We are committed to developing a culture of respect and support of all members, in an effort to continually build and broaden our community.

We support thoughtful conversations about issues pertaining to equity and our sport. Going forward, we aim to stay engaged in the important regional and national discussions of how to support diversity, equity, and inclusion in our club and in our sport.

More resources regarding DEI:

<https://usrowing.org/sports/2020/6/8/usrowing-diversity-equity-and-inclusion-resource-page.aspx>



ATHLETE WELLNESS

AND SAFESPORT GUIDELINES

PURPOSE

Athletes need to pay attention to their overall well-being because lots of different things can affect their performance. The examples below are part of the complex structure of what can help or hinder your development in rowing.

PHYSICAL HEALTH

It is important to take care of your physical health prior to arriving at practice. Your bodies need to take in the appropriate amount of food/fuel and balance that with good hydration before, during, and after practice. Rest is an essential element of good health as well and should be prioritized. Having good health habits will get you closer to achieving your athletic goals.

The use of alcohol, tobacco, illegal drugs or prescription medication not prescribed to you will take you further away from your goals and will endanger your progress in rowing.

MENTAL HEALTH

An athlete's mental health state can support their success or hamper their physical abilities. DBC wants to create a supportive environment for every rower to grow and improve. Inclusivity is important to creating a strong team and is a priority of our coaches and club. Being supportive and kind to each other will help rowers to feel confident in their value to the team and therefore be able to perform to their highest ability.

If you are struggling with negative thoughts related but not limited to physical performance, competitive anxiety, self-harm, please reach out to a coach/parent/mentor. If a teammate reaches out to you with concerns about self-harm, physical safety, and/or depression, please reach out to a coach/parent/mentor.

APPROPRIATE BEHAVIOIR

DBC is a large club with rowers of many different ages and backgrounds. To make sure all rowers feel safe in our training space, the language and content of conversations during team practices/events/travel, should maintain a PG-rating. Being respectful when talking about other people is essential to creating a supportive and inclusive environment. Rowers' should respect the personal space of others. Rough housing, discussions that make teammates uncomfortable, and inappropriate language will not be tolerated.



COMMUNICATION GUIDELINES

PURPOSE

To clearly lay out the paths of communication between coaches, athletes, and parents. Direct communication is vital in a large team and helps both coaches and athletes stay on top of pertinent information. We want complete transparency in communication policies.

IN-PERSON COACH-ATHLETE COMMUNICATION

- 1 on 1 discussions between a coach and rower should only happen in a public space (boatyard, dock, indoor training space, etc) where other people are present
- If an athlete needs to talk to a coach in private (without another rower present), they should notify the coach in advance and schedule a time to talk when they can bring another coach or adult with them.
- If an athlete and parent want to talk to a coach in-person, they should email the coach in advance to schedule a time when the coach can give the athlete and parent his/her undivided attention.

VIRTUAL COACH-ATHLETE COMMUNICATION

- The coaches will regularly send emails to the team through TeamSnap with important information. Both parents and athletes need to read these messages.
- The coaches will occasionally use the “Team Chat” function on the TeamSnap app. Both parents and athletes need to read these messages. This mode of communication will be used especially during regattas/events.
- Athletes are welcome to email coaches about rowing related subjects but should copy their parents as well. A response will be sent during daytime hours or given in-person at practices. The coaches will include parents in their emailed response.
- Athletes will communicate with coaches about practice attendance through TeamSnap Chat feature. TeamSnap Chat allows for direct communication from the rower’s account (parents included) and the coach, so the message does not need to go to the entire team.
 - *A tutorial will be given during a practice on how to use the TeamSnap Chat function in the app.*
- All messages/chats from athletes to coaches should only pertain to rowing and include parents.
- Coaches will not respond to messages from rowers between 9pm-7am.

COACH-PARENT COMMUNICATION

- Parents are welcome to communicate with coaches via email and text message. Response times will vary.
- Messages that are received immediately before or during practices/regattas will not be responded to that day.
- Questions about regatta schedules, boat line-ups, etc should be communicated from rowers to coaches.
- Coaches will send out schedule updates (practice and regatta) through email as soon as they have them.

ADULT-MINOR ACCESS AND COMMUNICATION

- DBC parents should restrict their in-person communication to their own children during DBC events/races. No adult should approach a non-related minor (without previous parental consent) immediately prior to, during, or after a DBC practice, race, or event.
- Any non-rowing related issues or disputes that arise between athletes or families should be dealt with or resolved away from DBC property and not connected to DBC practices, regattas, or other events.
- DBC adheres to USRowing’s policy of not allowing adults without SafeSport training access to team members.
- DBC adheres to USRowing’s policy of requiring background checks for adults with access to team members, including coaches, volunteers, coordinators, administrators.



VOLUNTEER GUIDELINES

PURPOSE

To clearly layout the requirements and expectations of parent volunteers who participate in team sponsored events. USRowing and DBC have these requirements to protect our rowers and teams.

REQUIREMENTS

- All parent volunteers must understand the Minor Athlete Abuse Prevention Policies (MAAPP).
 - Link to U.S. Center for SafeSport 2022 Minor Athlete Abuse Prevention Policies:
<https://uscenterforsafesport.org/wp-content/uploads/2020/09/FINAL-2022-MAAPP-9.21.pdf>
 - Link to U.S. Center for SafeSport MAAPP at a Glance:
<https://usrowing.org/documents/2022/1/4//MAAPP At A Glance Final 002.pdf?id=2853>
- If you are a volunteer with “direct contact” with rowers, you will need to take the basic SafeSport course required by USRowing.
 - Examples of volunteer positions with “direct contact” are team manager, team chaperone, team van driver.
 - The Team Manager will give you information about how to complete the NGB1 SafeSport course at no cost to the volunteer. It is online training and takes about 90 minutes to complete.
 - Your completion certificate should be turned in to the Team Manager or Head Coach prior to the start of your volunteer commitment.
 - The SafeSport Certification must be renewed annually.
- Chaperones for team travel are required to have a background check completed.
 - This is done using a USRowing vendor and is coordinated through DBC at no cost to the team chaperone.
- Regatta food or tent set-up does NOT require “direct contact” protocols.

EXPECTATIONS

- If a parent volunteer commits to completing a task or attending an event to help out, it is essential that the task is completed or the event attended.
- DBC relies on parents to provide cost-free support of the teams.

APPRECIATION

- All coaches and rowers benefit from and appreciate the help of parent volunteers. If you would like to get involved, please contact your team manager!



TEAM TRAVEL PROTOCOL

VARSITY TEAM ONLY

Prior to Travel

- All athletes and parents must sign the following documents prior to travel:
 - DBC Team Travel Protocol
 - Liability Release and or/Indemnification Form
 - Medical Consent or Authorization to Treat Form
- Parents will be provided with a cell phone list for all coaches/chaperones who will be on the trip.
- Parents will be provided a tentative schedule for the trip.

Transportation

- Athletes will ride on the team bus/van from Dayton to the regatta location and from the hotel to the regatta venue during the trip
- At the end of the event, an athlete is allowed to ride home with their parent as long as the coach/chaperone has approved it.
 - Riding home with a parent instead of on the team bus/van will not affect the cost of team travel.

Lodging

- During overnight team travel, if athletes are paired with other athletes, they shall be of the same gender.
- 3-4 athletes of the same gender will be assigned to each hotel room.
- There will be both male and female coaches/chaperones available to supervise athletes on the trip.
- Rooming lists will be provided by coaches a day or 2 prior to the trip. Athletes will stay in the rooms they are assigned.
- There will be no male athletes/coaches/chaperones in female athlete's rooms and no female athletes/coaches/chaperones in male athlete's rooms.
- Curfews will be announced for each day of the trip by coaches (dependent on racing schedule) and enforced by coaches/chaperones.
 - For example: In rooms by 9:00pm. Lights out by 10:00pm
- No room service, pay movies, or incidental charges may be made against the hotel room.
- No one outside of the DBC family should visit athlete hotel rooms.
- Athletes/parent will be held responsible for any damages or theft of items for hotel rooms.

Behavioral Expectations

- Athletes/chaperones/coaches will attend all team functions (meals, meetings, practices, etc).
- Athletes are expected to stay with the team (at the race venue and at the hotel) for the duration of the trip.
- Athletes are expected to be with another same sex teammate at all times in the hotel.
- Be quiet and respect the rights of teammates and other patrons at the hotel.
 - No photography inside the hotel rooms. This includes selfies.
 - No running or horseplay in the hallways or rooms
 - No loud or boisterous behaviors in hotel common areas (ie; lobby, pool area, dining area)
 - No large groups congregating in hallways
 - No loud music in the hallways
 - No loud TVs, music or video games in the rooms
 - No more than one 8s worth of rowers in one room unless given permission by a coach or chaperone



TEAM TRAVEL PROTOCOL

VARSITY TEAM ONLY

- Refrain from the use of inappropriate language or inappropriate physical contact.
- Be prompt and on time for all scheduled departures and activities.
 - Plan to be at the locations specified at least 10 minutes prior to departure times.
- Obey coach-set curfews for being in your hotel rooms and lights out.
- There will be no use of illegal substances, such as drugs or alcohol, by the athletes.
- These are examples of items that should NOT come on team trips
 - Water guns, air soft guns, nerf guns, paint ball guns, skate boards, hover boards, roller/inline skates, scooters, water balloons, fireworks, stink bombs, outrageously spicy hot sauces, risqué/inappropriate movies/tv shows etc.
 - This list is not exhaustive and coaches have the right to confiscate any items that are deemed inappropriate during the trip.
- Athletes are expected to listen to chaperones and team captains.

Consequences

- If a violation of the Team Travel Protocols occurs, a coach will be notified and will handle any consequences for the athlete.
- A written report of any violations will be provided to the club, athlete, and athlete's parent.
- Consequences for the violation of any of the rules will range between verbal reprimand to dismissal from the team depending on the severity. Typically, it shows the coaching staff that the rower is not ready to be a serious athlete and teammate.
 - Range of possible consequences:
 - Verbal Warning
 - Verbal Reprimand
 - Removal from racing line-up or scratching of boat
 - Suspension from team ranging from rest of season to a year (Parents will be notified immediately and asked to retrieve the rower)
 - Dismissal from team (Parents will be notified immediately and asked to retrieve rower)

I have read the DBC Travel Protocol and agree to follow the terms:

Signature of Parent/Guardian

Date

Signature of Rower

Date

Consent for Medical/Surgical Care/Emergency Treatment and Child's Medical Information

In presenting my son/daughter for diagnosis and treatment

Name: _____ for _____
 Mother Father Legal Guardian Son Daughter

of _____ years of age, hereby voluntarily consent to the rendering of such care, including diagnostic procedures, surgical and medical treatment and blood transfusions, by authorized members of the hospital staff or their designees, as may in their professional judgment be necessary.

I hereby acknowledge that no guarantees have been made to me as to the effect of such examinations or treatment on my child's condition.

I have read this form and certify that I understand its contents.

We/I hereby give our (my) consent to _____
(Name of Person/Agency)

who will be caring for our (my) child _____
(Name of Child)

for the period _____ to _____ to arrange for routine or emergency medical/dental care and treatment necessary to preserve the health of our (my) child.

We/I acknowledge that we are (I am) responsible for all reasonable charges in connection with care and treatment rendered during this period.

Name: _____ Family physician: _____

Address: _____ Pediatrician: _____

_____ Surgeon: _____

Telephone no.: _____ Orthopedist: _____

Name of health insurance carrier: _____ Child's allergies, if any: _____

Date of last tetanus booster: _____

Group no.: _____ Medicines child is taking: _____

Agreement no.: _____

Signature: _____ Date: _____
Mother, Father or Legal Guardian

Witness: _____ Date: _____

In case of emergency I can be reached at: _____



SAFESPORT

PROCEDURES AND PROTOCOL

OVERVIEW

- In the event that any coach or volunteer observes inappropriate behaviors (i.e., policy violations), suspected physical or sexual abuse, or misconduct, it is the personal responsibility of each coach and volunteer to immediately report his/her observations to the head coach, program coordinator, or DBC board member.
- DBC is committed to creating a safe and positive environment for athletes' physical, emotional and social development and to ensuring that it promotes an environment free of misconduct.
- Coaches and volunteers should not attempt to evaluate the credibility or validity of an athlete's physical or sexual abuse allegations as a condition for reporting to appropriate law enforcement authorities. Instead, it is the responsibility of each coach or volunteer to immediately report his/her observations to the head coach, program coordinator, or DBC board member.
- DBC recognizes that the process for training and motivating athletes will vary with each coach and athlete, but it is nevertheless important for everyone involved in sport to support the use of motivational and training methods that avoid misconduct.

APPLICATION

- This Policy applies to:
 - Coaches, board members, and volunteers
 - DBC athletes and athletes' parents
- Staff members, volunteers, athletes and participants shall refrain from all forms of misconduct, which include:
 - Bullying
 - Harassment
 - Hazing
 - Emotional misconduct
 - Physical misconduct
 - Sexual misconduct, including child sexual abuse.

PROHIBITED CONDUCT

- Child Sexual Abuse
 - Any sexual activity with a child where consent is not or cannot be given. This includes sexual contact with a child that is accomplished by deception, manipulation, force or threat of force, regardless of the age of the participants, and all sexual interactions between an adult and a child, regardless of whether there is deception or the child understands the sexual nature of the activity.
 - Any act or conduct described as child sexual abuse under federal or state law.
- Emotional Misconduct
 - A pattern of deliberate, non-contact behavior that has the potential to cause emotional or psychological harm to an athlete. Non-contact behaviors include:
 - Verbal acts

- Physical acts
 - Acts that deny attention or support
- Any act or conduct described as emotional abuse or misconduct under federal or state law (e.g. child abuse, child neglect).
- Physical Misconduct
 - Contact or non-contact conduct that results in, or reasonably threaten to, cause physical harm to an athlete or other sport participants; or
 - Any act or conduct described as physical abuse or misconduct under federal or state law (e.g. child abuse, child neglect, assault).
- Sexual Misconduct
 - Any touching or non-touching sexual interaction that is (a) nonconsensual or forced, (b) coerced or manipulated, or (c) perpetrated in an aggressive, harassing, exploitative or threatening manner;
 - Any sexual interaction between an athlete and an individual with evaluative, direct or indirect authority. Such relationships involve an imbalance of power and are likely to impair judgment or be exploitative; or
 - Any act or conduct described as sexual abuse or misconduct under federal or state law (e.g. sexual abuse, sexual exploitation, rape)
- Types of Sexual Misconduct
 - Sexual assault
 - Sexual harassment
 - Sexual abuse
 - Any other sexual intimacies that exploit an athlete. Minors cannot consent to sexual activity with an adult, and all sexual interaction between an adult and a minor is strictly prohibited.
- Bullying
 - An intentional, persistent and repeated pattern of committing or willfully tolerating physical and non-physical behaviors that are intended, or have the reasonable potential, to cause fear, humiliation or physical harm in an attempt to socially exclude, diminish or isolate the targeted athlete(s), as a condition of membership
 - Any act or conduct described as bullying under federal or state law
- Harassment
 - A repeated pattern of physical and/or non-physical behaviors that (a) are intended to cause fear, humiliation or annoyance, (b) offend or degrade, (c) create a hostile environment or (d) reflect discriminatory bias in an attempt to establish dominance, superiority or power over an individual athlete or group based on gender, race, ethnicity, culture, religion, sexual orientation, gender expression or mental or physical disability; or
 - Any act or conduct described as harassment under federal or state law
- Hazing
 - Coercing, requiring, forcing or willfully tolerating any humiliating, unwelcome or dangerous activity that serves as a condition for (a) joining a group or (b) being socially accepted by a group's members; or
 - Any act or conduct described as hazing under federal or state law

REPORTING AN INCIDENT

- A complaint form is available to all club members. It is located at www.daytonboatclub.org under "Member Resources"
- Forms can be emailed to the following individuals:
 - DBC Head Coach Joseph Connelly: joseph.connelly@icloud.com
 - DBC Junior Team Coordinators: rowdbc@yahoo.com
 - DBC Board President Rebecca Blust: rblust1@udayton.edu

INVESTIGATION, ADJUDICATION, AND APPEAL PROCESS

- An internal investigation process will be led by the Junior Program Coordinators and Head Coach.
- An impartial open adjudication process will be led by the DBC Board President with help from other board members as he/she sees fit.
- An appeal process will be offered following the adjudication process. This will be led by a DBC board member not associated with the adjudication.

SAFESPORT COMPLIANCE MONITORING

- The DBC Head Coach and Junior Program Coordinators will ensure all coaches and adult volunteers who interact with athletes have completed the online SafeSport Training.
- All coaches will have their SafeSport compliance verified through USRowing.
- All coaches will have background checks completed every 2 years at the beginning of the Fall season. This will be paid for by DBC and conducted through NCSI (USRowing suggested).



DAYTON BOAT CLUB

SAFESPORT COMPLAINT FORM

BACKGROUND INFORMATION

Today's Date: _____

Reporting Person's Name: _____

Reporting Person's Phone #: _____

Team Associated With: _____

Reporting Person's Email: _____

INCIDENT REPORT

Incident Details: _____

INVOLVED PARTIES

Minor athlete's name: _____

Minor athlete's name: _____

Accused adult's name: _____

Accused adult's name: _____

SUBMISSION OF COMPLAINT FORM

Please email form to any of the people listed below.

- DBC Head Coach Joseph Connelly: joseph.connelly@icloud.com
- DBC Junior Program Coordinators: rowdbc@yahoo.com
- DBC Board President Rebecca Blust: rblust1@udayton.edu



DAYTON BOAT CLUB

2022 MAAPP from USRowing

Link to U.S. Center for SafeSport 2022 Minor Athlete Abuse Prevention Policies:

<https://uscenterforsafesport.org/wp-content/uploads/2020/09/FINAL-2022-MAAPP-9.21.pdf>

Link to U.S. Center for SafeSport MAAPP at a Glance:

https://usrowing.org/documents/2022/1/4//MAAPP_At_A_Glance_Final_002.pdf?id=2853

Link to U.S. Rowing's SafeSport Resources:

<https://usrowing.org/sports/2021/6/28/safe-sport-maapp-resources>



FUNDRAISING OPPORTUNITIES

PURPOSE

Here are several ways you can participate in fundraising opportunities that benefit the junior teams at DBC.

PASSIVE FUNDRAISING: No extra money spent!

- Dorothy Lane Market Good Neighbor Program
 - Enroll at: <https://www.dorothylane.com/club-dlm/good-neighbor>
 - You need to re-enroll every year in January!
- Kroger Community Rewards through the Kroger Plus Card
 - Enroll at: <https://www.kroger.com/i/community/community-rewards>
- Amazon Smile Program
 - Shop through smile.amazon.com when you purchase items through Amazon and .5% will go to DBC
 - Go to your Amazon account and click on “Amazon Smile” to name Dayton Boat Club as your non-profit beneficiary.

EXPERIENTIAL FUNDRAISING: Fun events that raise money and give you a chance to connect to the club!

- Trivia Night: End of February-Beginning of March
 - Tickets are sold for an evening of fun trivia
 - You can play as teams or as individuals
 - Kids and parents are both welcome
 - Pizza and drinks are sold to benefit the team
- Parent Learn to Row: End of May-Beginning of June
 - Parents purchase a seat in a boat. They are allowed to request partner seating and will be grouped with their rower
 - The whole experience is about 75 mins long with about 30 mins of on-the-water time

SEASONAL FUNDRAISERS: In Spring and Fall, the team members sell flowers!

- The expectation is that ALL team members participate in these fundraisers
- You can sell flowers or chose to do the monetary “buy out” options
- All money raised through these fundraisers go to the equipment fund

ANNUAL FUNDRAISER: Every year we raise money for special projects defined by coach request!

- gROW Fundraising Campaign
 - Mid-November through the end of December
 - 1 mailing and then 6-7 weekly emails go to current and past members requesting donations
 - Items to be purchased with gROW funds are chosen by coaches



DAYTON BOAT CLUB

EMERGENCY ACTION PLAN: BOATHOUSE

If an emergency arises, stay calm and follow these instructions...

A coach will assess the situation and decide whether to activate the Emergency Action Plan (EAP). If a coach is not immediately available, then a responsible adult or team captain can activate the EAP.

1. Using a cell phone, dial 911. Provide the following information to the dispatcher:
 - a. Identify yourself
 - b. Tell them the street address of the boathouse: **3101 East River Rd. in Moraine just south of the Dayton Dog Training Club**
 - c. Tell them the situation (concussion, unconscious, breathing problems, injury)
 - d. Stay on the phone until help arrives or you have been directed to do something different
2. Send appointed person to go and wait at the entrance to the property for EMS to arrive
3. Provide emergency care until arrival of EMS personnel
 - a. Locate the MEDICAL BINDER with rower's information
 - b. Locate First Aid Kit or other first aid materials (cold water, etc) in the boathouse
 - c. Call Emergency contact for the rower
 - d. On arrival of EMS personnel, provide pertinent information (method of injury, treatment if rendered, medical history)

Emergency Numbers for Coaches

Joe Connelly 937-266-9755

Mitch Vossler 937-241-7975

Ben Sobiech 614-595-8949

Gina Lucia 412-330-7637

Paolo Raimondi 412-527-0733



DAYTON BOAT CLUB

EMERGENCY ACTION PLAN: INDOOR TRAINING FACILITY

If an emergency arises, stay calm and follow these instructions...

A coach will assess the situation and decide whether to activate the Emergency Action Plan (EAP). If a coach is not immediately available, then a responsible adult or team captain can activate the EAP.

4. Using a cell phone, dial 911. Provide the following information to the dispatcher:
 - a. Identify yourself
 - b. Tell them the street address of the boathouse: **2680 Indian Ripple Rd. Beaver creek in the Russ Research Complex**
 - c. Tell them the situation (concussion, unconscious, breathing problems, injury)
 - d. Stay on the phone until help arrives or you have been directed to do something different
5. Send appointed person to go and wait at the entrance to the property for EMS to arrive
6. Provide emergency care until arrival of EMS personnel
 - e. Locate the MEDICAL BINDER with rower's information
 - f. Locate First Aid Kit or other first aid materials (cold water, etc) in the boathouse
 - g. Call Emergency contact for the rower
 - h. On arrival of EMS personnel, provide pertinent information (method of injury, treatment if rendered, medical history)

Emergency Numbers for Coaches

Joe Connelly 937-266-9755

Mitch Vossler 937-241-7975

Ben Sobiech 614-595-8949

Gina Lucia 412-330-7637

Paolo Raimondi 412-527-0733