Thanks to Sam for keeping Kate's list...

ALWAYS BRING:

* Uniform
* water bottles
* food
* Food/T-shirt Money
* Lots of (meaning no less than 2):
  + -Pants
  + -Tshirts (long and short sleeved)
  + -Sweatshirts
  + Socks (5 or so pairs- you think im kidding.)
  + -Underwear
* Sneakers
* Sandles/slide ons
* Waterproof Jacket
* Any necessary Medical Items (tape, braces, inhaler, IB, bandaids,
* new skin)

WEATHER DEPENDENT:

* Winter Hat
* Gloves
* Sunscreen

OPTIONAL:

* Towel
* Moist Towellettes
* Anti-Bac (porta-potties)
* Cell phones
* Camera
* Sleeping Bag
* Homework (ok ive never actually brought this)
* Sunglasses
* Visor/Hat
* Music
* Cards
* Reading Material (you could have lotsa free time)
* Binoculars
* Poncho
* Lawn chair

SPECIAL FOR COXES ONLY:

* Coxswain Kits
* Twice as many clothes as rowers
* Paper w/ lineups, race plans, race times, course map
* Recorder
* Duct Tape
* Crate & Cox Boxes
* Intimidating Sunglasses (or Visor/hat)
* Watch
* Toilet Paper (you could be a hero)
* Ibuprofen (theres not a single race where someone has not asked me
* for this)